**Walkers** 

Velcome

# Register on-line: www.plattsys.com

38th Mother's Day Dash

3.1 Mile (5K)

Fast, Flat, Measured Course Sunday, May 8, 2011 at 10:00 a.m. Henry Park-Vernon, CT

Race proceed will benefit the Send-A-Kid To Camp, the Vernon Teen Center, the Police Explorers and the Robert J. Bonadies Rockville High School Scholarship Fund

FREE Ray Crothers **Kids Race** 10 & under 1/2 mile race



All Mother/Son and Mother/Daughter teams must register. Mothers may run as a team with only one son OR daughter. Teams must be sent in the same envelope.

### **FEATURING**

- FREE T-shirt for those registered by April 22nd.
- Prizes to the first 3 finishers in 16 divisions

FREE raffle prizes at award ceremony (must be present)

- Runners packet stuffed with goodies
  - Refreshments at end of race
  - Music before and after race
    - Kid's Race for FREE
  - Prizes for Mother-Son and **Mother-Daughter Divisions**

#### **RACE CO-SPONSORED BY**

The Vernon Parks and **Recreation Dept.** 

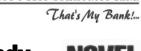
And JC Penny













**MAIN RACE REGISTRATION** By mail \$15.00 for Adults and \$10.00 for Children 14 and under (for Main Race)

Race Day: \$20.00 for Adults and \$10.00 for Children 14 and under

Registration is 8:00 a.m. To 9:30 a.m. at Henry Park.

**Bundy Motors** 











**C & D Builders** 

Vernon Parks and Recreation 120 South Street Vernon, CT 06066

## Official Mother's Day Dash Entry Form

### **Platt Systems**

41 Steele Farm Dr. Manchester, CT 06042

Pre-registration should be postmarked no later than April 28th. Race numbers will be distributed on race day only

#### **Henry Park Directions**

From Hartford- I-84 East to Exit 67; left under highway onto Mile Hill Rd.(Rt. 31 North) Mile Hill Road to intersection with Rt. 30; left on to Rt. 30; bear right onto South St; 1/2 mile to Henry Park on right.

From Eastern Points- I-84 West to Exit 67; right onto Mile Hill Rd. (Rt. 31 North); then follow directions given above to Henry Parks.

## Please fill out and detach the form below, enclose a \$15.00 check or money order payable to the Mother's Day Dash

(Please check only one age division below, detach, and mail in)

Circled Words (14 recovery and seed on)	D Mania Ones (1	0.00 Va ava)		Non's Mos	40 (40	10	
Girls' Youth (14 years and under)	☐ Men's Open (1	Men's Masters (40-49 years)					
$\square$ Boys' Youth (14 years and under)	Women's Submasters (30-39 years) Women's Grandmasters (50-59 years)						•
Girls' Juniors (15-18 years)	☐ Men's Submasters (30-39 years) ☐ Men's Grandmasters (50-59 years)						ears)
Boys' Juniors (15-18 years)	☐ Women's Masters (40-49 years) ☐ Women's Veterans (60 years and up)						
☐ Women's open (19-29 years)	Men's Veterans (60 years and up)						
Kids Race ONLY (12 and under)	Kids and Main Race (check div. above) Women's Heroes (70 years and up)						
Check here if you are a mother Check here if you are a mother Deck	Name		here if you are	- Turning V			
Rockville Bank, Vernon Parks and Rec. Dept; Journal Inquirer, Dunkin Do Barn, TicketNetwork, CD Builders Inc; Mr. Sparkle Car Wash, JC Penney	Address		Cta		7:	_	
Dragon, Panda Palace, Elmo's Dockside Restaurant, Bundy Motors and all other sports from all liability in case of death or injury received as a result of participation in this run. In case of a minor		Cit <u>y</u>		516	ate	Zip_	
under 18), this blank must be signed by the parent or guardian of entra	Age	Circle (	Gender	Ple	Please circle T-shirt size		
			Male	Female	S	M L	XL
Signature (if minor, parent or guardian)		On day of race				(Shirts will be on sale race day)	
I do not wish participate, but I am including a	donation in the am	ount of					